



# The Great Pyramid and Pakistan

## THE THREE KEYS OF THE ANCIENT GRID GUIDE

ANNA MERKABA





Anna Merkaba

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**Renowned Channeler, Healer, and Author.** Anna Merkaba is a celebrated spiritual guide, author of numerous books, and a channeler whose profound work has touched the hearts of **millions worldwide**. Through her [blog](#), [YouTube](#), [social media](#), and [transformative energy healings](#), Anna has guided countless souls toward clarity, self-mastery, and alignment with their highest purpose. For over a decade, Anna has dedicated herself to helping spiritual seekers from all walks of life reconnect with their divine essence. **Her unique blend of channeled wisdom, personalized guidance, and practical tools has empowered thousands to embrace their soul's mission and create meaningful change in their lives. "A Trusted Voice in Spiritual Awakening"** Anna's teachings are a source of inspiration and light for those seeking transformation. Her ability to bridge cosmic wisdom with practical steps makes her a beacon for anyone ready to step into their power. **With a lifetime of service to the collective**

awakening, Anna brings the depth and expertise needed to support your spiritual journey.



# Why you are here



This is not imagination. It is remembrance.

Something drew you here. Perhaps it was the article. Perhaps it was a feeling you have been carrying for longer than you can account for, a pull toward something ancient, something vast, something you could not quite name but recognized the moment you felt it stir.

Please know: you did not stumble here.

Beneath the surface of this world, running silently through the body of the earth itself, there is an energy line that connects the Great Pyramid of Giza to one of the most ancient geological threshold zones on the planet, the borderlands where Pakistan's oldest mountains meet the Indus plain. A corridor of living intelligence, older than any civilization we have named, older than any scripture we have preserved.

In a vision, I was carried through this corridor. And at the end of it, a presence was waiting a figure from a time so old my mind had no frame for it. He was smiling. And in his open palm he held three containers. Inside each one was a key.

Not a key as we understand keys. A crystalline formation, a living code, unlike anything from this world. And each one, I understood immediately, belongs to a different group of souls currently incarnate on this earth.

Three groups. Three frequencies. Three specific roles in the stabilization and restoration of this ancient planetary node. You are here because one of these keys carries your frequency. Come as you are. Nothing more is required.



## THE JOURNEY BEGINS – ENTERING THE FIELD

Before you meet your key, you are invited to arrive.  
Not just mentally. Fully. In your body, in your breath, in your presence.

Find a quiet space where you will not be disturbed. Sit comfortably with your spine gently lengthened. Place one hand on your heart and one on your belly. Close your eyes. Say inwardly: *"I come in truth. I come in love. I come only if I belong."*

Let your breath slow. Let your shoulders drop. Let your jaw unclench.  
You are safe here. You are held.

Before you descend into the field of the keys, root yourself first.

Feel the weight of your body against the surface beneath you. Feel your feet, your legs, the base of your spine. Imagine roots growing downward from your body slowly, steadily moving through the floor, through the earth beneath it, deeper and deeper into the ground.'

You are not leaving your body to receive this transmission. You are arriving more fully within it. Breathe here for five slow cycles. In through the nose. Out through the mouth.

With each exhale, feel yourself becoming more present, more still, more rooted.  
You are ready.





## St. Germain Violet Flame Disc – Crown of Transmutation



[CLICK HERE TO LEARN MORE ABOUT THIS DISC](#)

This is not just a disc—it is a sacred emissary of light, forged in alliance with the Violet Flame and the guiding presence of Saint Germain himself. Encoded with amethyst, copper, and quartz cut into the Flower of Life, this tool was created to awaken your crown chakra, not as a concept, but as an experience—a portal to divine clarity, spiritual sovereignty, and vibrational freedom. **It carries the frequency of remembrance, for the one who is ready to shed the remnants of karmic density and rise into communion with the infinite.**

Hold it during meditation, place it near your bed, or rest it upon your altar—it will do what it came here to do: open you. Through it, the Violet Flame does more than cleanse—it transmutes. It raises the vibration of your very atoms, realigns your connection to Source, and reignites the divine compass within. **For those who are ready to reclaim their multidimensional sight, release the past, and walk as their divine self, this tool is not just helpful—it is *home*.**



## INTRODUCTION TO THE THREE KEYS





## Introduction

These are not ordinary symbols.

They are living codes, crystalline formations that carry a specific frequency, placed into three ancient containers and handed forward across time to reach the souls they belong to. Each one was received in vision, at the moment the energy line between Giza and the ancient Sindh-Balochistan borderlands revealed itself and its purpose.

Each key carries a different quality of energy. Each one corresponds to a different soul group. Each one asks something different of those who carry it.

You may feel drawn to one immediately. Something in your chest, your hands, your solar plexus may respond before your mind has finished reading the description. Trust that pull. It is not preference. It is recognition.

You are not meant to work with all three unless you feel genuinely called to all three. One key, engaged with deeply and sincerely, is enough. One key, fully received, can shift the coherence of an ancient planetary node. Look at each key on the following pages. Read its message. Sit with its reflection questions. Let your soul, not your mind, choose.

*The key that belongs to you will not need to announce itself. It will simply feel like coming home.*

# The Blue Key – What This Code Is and Who It Is For



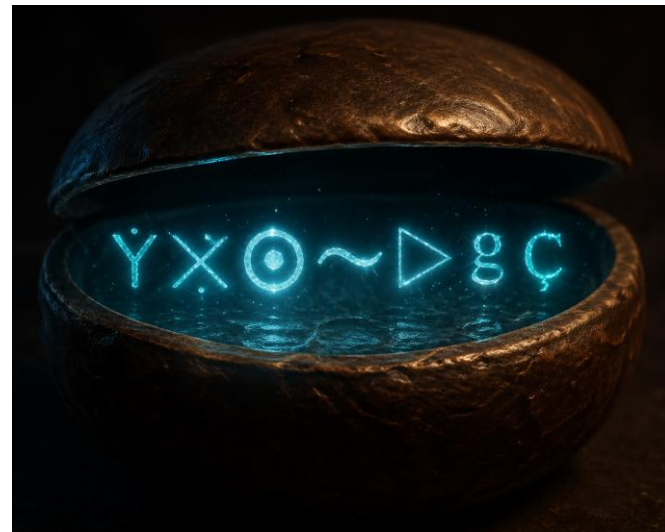
This is not a symbol to be analyzed. It is a transmission to be felt.

When this key was placed in your hands, something in you already responded before your mind could catch up with what it was seeing. That response is the recognition. That is how you know this key is yours.

The message carried within this sequence, read as a living transmission, is this:

*At the awakened branching point, where dimensions cross, the solar source transmits its frequency as a living wave directed forward through sacred knowledge received, grounded, and made real in the earth.*

This is the code of the **Water Carriers**.



# The Blue Key – The code of the Water Carriers.



This is the code of the **Water Carriers**.

You are one who feels the transmission before you understand it. The solar-cosmic intelligence does not reach you through your mind. It reaches you through your body, your emotions, your dreams, the inexplicable knowing that rises in you before any explanation arrives.

You have always been porous in this way, absorbing what others cannot feel, carrying frequencies that are not entirely your own, moved by things others walk past without noticing.

This has not always felt like a gift. There have been moments when the weight of what you carry the grief that is not yours, the unease that has no source, the longing for something you cannot name, has felt like a burden too heavy for one body.

Please know: you were not given a wound. You were given an instrument.





## The Blue Key – The code of the Water Carriers.

Your sensitivity is the very mechanism through which the frequency of this ancient planetary node moves into the world. You do not need to do anything with what you feel.

You simply need to feel it fully, to let it move through you without stopping it, and to trust that in passing through your body it is being transformed alchemized from cosmic frequency into something the earth can receive and use.

### Reflect:

- Do you often feel emotions or sensations that seem to arrive from nowhere that don't belong to your personal circumstances?
- Has water always held a particular pull for you the ocean, rain, rivers, the sound of moving water?
- Have you spent much of your life feeling things that others around you seemed not to feel and wondered if something was wrong with you?
- Are you being called right now to stop trying to understand what you are carrying, and simply allow it to move through you?



# HOW TO WORK WITH THE BLUE KEY



If this code called to you, here is something you may wish to do.

**Step One — Arrive** Find a quiet space. If possible, place a glass or bowl of water beside you. Sit comfortably. Place both hands over your heart. Take three slow breaths and with each exhale, release any effort to understand, to analyze, or to perform. Simply arrive in your body as it is right now.

**Step Two — Open the Field** Gaze softly at the Blue Key for one full minute. Do not try to read it. Do not try to feel something specific. Simply look, and notice what arises in your body warmth, tingling, pressure, emotion, stillness, nothing at all. Whatever comes is correct.

**Step Three — Receive** Close your eyes. Imagine a current of teal-blue light moving through you from crown to root not fast, not urgent, but steady and alive, the way a river moves. You are not generating this current. You are simply allowing it passage. Say inwardly: *"I am a carrier of frequency. I do not stop what moves through me. I feel it fully. I let it pass. I trust that in passing through me, it reaches where it needs to go. I am the living current. I am the wave made flesh."*

**Step Four — Ground** Breathe the current all the way down into your feet. Feel it reach the earth beneath you. If you have a glass of water beside you, hold it now in both hands and breathe your intention into it your willingness to feel, to carry, to release. Pour it onto the earth when you are ready.

**Step Five — Rest** Sit in stillness until something in you feels complete. There is no correct amount of time.

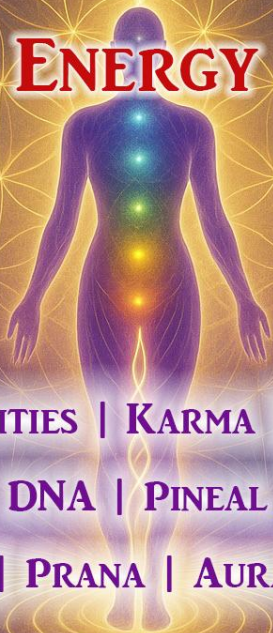
**Reflect after:** What moved through you? Did emotion arise? Did any images, places, or knowings surface? The Blue Key continues working in the hours and days after this practice. Pay attention to your dreams, to what you feel in crowds, to moments when emotion arrives without explanation. That is the frequency moving.

Transform your life with distant Merkaba Energy Healing by Anna Merkaba Visit [www.AnnaMerkabaHealing.com](http://www.AnnaMerkabaHealing.com)



1:1

# DISTANT ENERGY HEALING



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THIRD EYE | PRANA | AURA | CHAKRAS

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A pull to heal what lies beneath the surface and return to the luminous essence of who you truly are?

This isn't wishful thinking.

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This **Multidimensional Healing Session** is not a surface tune-up. It's a sacred, deeply intuitive journey into the layers of your energy field to clear what has been holding you back—across lifetimes, timelines, and ancestral lines.

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This is far more than a healing session.

—it's a soul restoration, a quiet homecoming to yourself.

If your heart stirs as you read this, trust that the moment has arrived...

to release.

to restore.

to return fully to your light.



## The Gold Key – What This Code Is and Who It Is For

This code did not come to be felt. It came to be recognized.

When you looked at this key something quieter happened not a rush of emotion, but a settling. A sense of rightness. As though something that had been slightly out of alignment simply clicked into place. That settling is the recognition. That is how you know this key is yours.

The message carried within this sequence, read as a living transmission, is this:

*The deep primordial water-wisdom radiates outward from a stable spine, breathing giving and receiving in equal measure at the point of diamond clarity, through sacred knowledge, the cosmic touches the earth, anchored in three directions of completion, sending its response back to the stars.*

This is the code of the **Sacred Architects**.



# The Gold Key – The code of the Sacred Architects.



This is the code of the **Sacred Architects**.

You are the spine within systems. The stable center around which others organize, often without knowing why. You have the gift of presence not dramatic, not loud, simply consistent and that consistency is itself a form of transmission. When you are in a room, something in the room steadies.

When you leave, something shifts.

You may not always feel the significance of what you hold, because it does not announce itself. It simply holds.

You have likely spent much of your life being the one who maintains what others build, who sustains what others begin, who holds things together in the invisible way in families, in communities, in relationships without recognition and often without fully understanding the scope of what your presence contributes.

The Gold Key is a confirmation that this capacity is not ordinary. It is sacred architecture.



# The Gold Key – The code of the Sacred Architects.



The triple anchoring at the end of this sequence is the mark of the covenant keeper, the one who was known and signed and sent. You were placed here, at this moment, in this body, because this planetary node requires exactly the frequency you carry. Not a dramatic frequency. A steady one. And steady is what will hold this grid point through what is coming.

## Reflect:

- Do you often find yourself being the one who holds things together — in your family, your community, your work while others move through more dramatic cycles?
- Have you always felt more called to sustain than to create to tend, to maintain, to keep something alive rather than to begin something new?
- Do you carry a deep, almost physical sense of responsibility to something larger than your personal life without always being able to name what that something is?
- Are you being called right now to stop apologizing for how quietly you move through the world, and to recognize that your steadiness is itself a form of power?



# HOW TO WORK WITH THE GOLD KEY



If this code called to you, here is something you may wish to do.

**Step One — Arrive** Find a still space. Sit with your spine gently lengthened not rigid, simply upright. Feel the weight of your body fully supported by whatever is beneath you. You are not going anywhere. You are arriving more completely where you already are.

**Step Two — Open the Field** Gaze at the Gold Key for one full minute. Notice the warmth of its color. Notice the structured, architectural quality of its symbols. Let that quality of precision enter your body. Feel your own internal architecture becoming more apparent, more solid, more present.

**Step Three — Anchor** Close your eyes. Imagine three pillars of golden light descending through you one through your crown and spine, one through each of your shoulders and arms forming a triple axis of stability. These pillars reach deep into the earth beneath you and high into the cosmic field above. Say inwardly: *"I am the stable axis. Through me, the ancient frequency of this earth node finds its structure. I hold without effort. I sustain without depletion. I am the spine of the living grid. My presence is my transmission. My steadiness is sacred."*

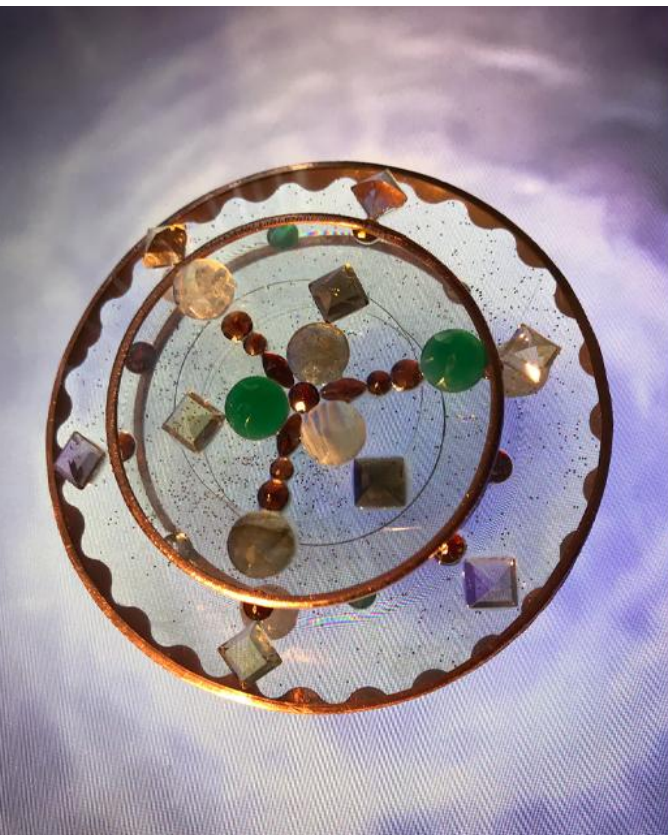
**Step Four — Breathe the Circuit** Breathe in a slow cycle — inhaling light from the earth up through the three pillars, exhaling it upward toward the cosmos. Then inhale from the cosmos downward, exhale into the earth. You are the breathing bridge. The circuit between above and below moving through your body in both directions simultaneously.

**Step Five — Complete** When a quiet sense of fullness arrives not excitement, simply fullness the practice is complete. Place both palms flat on the floor for a moment before you rise, completing the grounding.

**Reflect after:** What did you feel in your body during this practice particularly in your spine, your shoulders, your hands? Did any sense of responsibility or knowing arise about a specific place, relationship, or situation that may need your stabilizing frequency right now? The Gold Key activates slowly and deeply. Its effects are felt over days, not moments.



## Starseeds Home Portal Activator – Intergalactic Space Key



## Starseeds Home Portal Activator – Intergalactic Space Key

This is not merely a key—it is a soul contract fulfilled. A living relic seeded from the stars into this dimension for the precise moment your spirit was ready to remember its truth.

The Starseeds Home Portal Activator is a multidimensional beacon forged from cosmic light, crystalline memory, and divine instruction. It calls to the Starborn—the wanderers, the galactic empaths, the ones who never fully belonged—because it was made *for* you. This disc is not an object. It is a tuning fork for your soul's original resonance—a bridge between who you've been, who you are, and who you came here to become.

When held with intention, it activates the deepest vaults of your energetic anatomy—awakening the 10th, 11th, and 18th chakras, realigning your lower centers, and superimposing your divine blueprint back into your field. In time, the etheric gates swing open. Dreams shift. Visions arrive. Symbols find you. And communication with your Galactic Family resumes, flowing through your thoughts, your body, your sleep.

You are no longer searching. You are receiving. This disc is for the ones ready to reclaim their cosmic lineage, to walk as emissaries of Earth, and to live by the original instructions carried in their bones. You were never lost—you were simply waiting for this key to unlock the memory.

[CLICK HERE TO LEARN MORE ABOUT THIS DISC](#)

# The Green Key – What This Code Is and Who It Is For



This code carries the oldest frequency of the three.

When you looked at it something stirred that was not quite emotion and not quite thought something older than both. A recognition that arrived from beneath your conscious awareness, the way you recognize a place you have visited in a dream. That stirring is the recognition. That is how you know this key is yours.

The message carried within this sequence, read as a living transmission, is this:

*The descending soul who curled back toward origin, finds the ancient solar record inscribed in stone, draws it inward into remembrance, stands at the sacred crossroads where heaven and earth meet, opens to receive what the earth node is transmitting and carries it forward into the world.*

This is the code of the **Ancient Rememberers**.



# The Green Key – The code of the Ancient Rememberers.



This is the code of the **Ancient Rememberers**.

There is something that wants to be said about this key before anything else. The symbols within it bear a remarkable resemblance to signs from the Indus Valley script, the ancient, still-undeciphered writing system of the Harappan civilization, the very civilization whose land this entire vision was shown to be about. This is not coincidence. It is the transmission confirming itself through its own form. The code is written in the language of the people whose grid this is.

If this key called to you, your soul remembers this land.

Not necessarily as a conscious memory you can access and describe. But somewhere in the deeper layers of what you carry in the way certain landscapes move you without explanation, in the pull you have felt toward ancient civilizations, toward sacred sites, toward the mystery of what was known before written history the memory is there. Waiting.





# The Green Key — The code of the Ancient Rememberers.

You are here not only to stabilize this node but to restore what it held. The Ancient Rememberers carry the original frequency of this civilization's sacred knowledge, the understanding of how this planetary grid worked, what it was for, and how it was tended. That knowledge did not disappear when the civilization fell. It went into the souls of those who had held it, to be carried forward across lifetimes until the moment when it was needed again.

That moment is now.

## Reflect:

- Have you felt an inexplicable pull toward ancient civilizations, Egypt, Mesopotamia, the Indus Valley, the pre-Vedic world, that goes beyond intellectual interest into something that feels personal, even familiar?
- Do you sometimes feel that you carry knowledge you cannot fully explain that you know things you were never taught, understand things before they are explained to you?
- Have you always sensed that your presence here, in this lifetime, at this moment, is connected to something specific a restoration, a completion, something that needed to be returned?
- Are you being called right now to stop searching for your purpose in the world you were born into, and to begin listening for it in a much older frequency?



# HOW TO WORK WITH THE GREEN KEY



If this code called to you, here is something you may wish to do.

**Step One — Arrive** Find a quiet space. If possible, sit directly on the earth. If indoors, place bare feet on the floor and feel the earth beneath everything. It has been waiting. It recognizes you.

**Step Two — Open the Field** Gaze at the Green Key for one full minute. Notice its electric, living quality something dormant beginning to wake. Let that awakening enter you.

**Step Three — Descend Into Memory** Close your eyes. Allow yourself to descend through time not with effort, but with permission. Down through lifetimes, centuries, millennia. Down to when this ancient land was a living civilization and its grid was consciously tended. You do not need images or stories. Simply let your body remember what your mind has not yet accessed.

**Step Four — Receive** Say inwardly: *"I have returned to what I once tended. I open to receive what this ancient node holds. I am willing to carry it forward — into this time, this body, this world. I remember. I am ready."*

**Step Five — Send Forward** On your exhale, let the ancient frequency move outward in all directions. The Ancient Rememberer does not hoard what is received. The arrow at the end of this code is clear. You carry it forward.

**Reflect after:** What arose during this practice? Did any images, sensations, or knowings surface that felt older than this lifetime? Did you feel recognition rather than discovery as though you were remembering rather than learning? Journal immediately after. The Green Key speaks most clearly in the first moments after the practice ends, before the analytical mind reasserts itself.



1:1

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This **Multidimensional Healing Session** is not a surface tune-up. It's a sacred, deeply intuitive journey into the layers of your energy field to clear what has been holding you back—across lifetimes, timelines, and ancestral lines.

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to release.

to restore.

to return fully to your light.

# Thank You for Walking This Path



You came here because something in you recognized a call larger than your personal life. That recognition is itself an act of courage.

The earth is in a moment of profound choice. The ancient energy corridor running between Giza and the borderlands of the Indus is alive and active and it is responding to the frequency of those who are consciously tending it. Not governments. Not institutions. The quiet, steady, deliberate presence of souls exactly like you.

You may never see the full scope of what your participation contributes. That is the nature of this kind of work. You plant the seed and trust the rain.

You open the channel. You hold the frequency. You trust that what moves through you reaches exactly where it needs to go.

Please know that what you offered here your presence, your intention, your willingness to show up for something larger than yourself matters more than you may yet understand.

The keys received you. The earth felt you. And the field is, even now, shifting.

With so much love and gratitude for each of you who answered this call,

~Anna Merkaba



## Isis Disc – Portal of the Divine Mother



[CLICK HERE TO LEARN MORE ABOUT THIS DISC](#)

This is not merely a disc—it is a resurrection. **A sacred key long held in the higher realms, now brought forth by permission of the Divine Mother Isis herself.** Formed through light, gemstone, gold, and ancient intention, **the Isis Disc opens a living portal to the realms of healing, protection, and magic.** It is for the priestess reawakening, the healer remembering, the seeker ready to reclaim her divine inheritance. **This tool does not offer power—it restores the power that was always yours.**

Infused with the essence of the all-encompassing feminine, **this disc is a vessel of protection** from curses, black magic, and distortion. But more than that, **it is a gateway: to cellular remembrance, to past-life healing, to the voice of Isis whispering behind the veil.** Whether placed on your solar plexus, your third eye, or the heart of a client—this tool invites transformation. Expect the rising of old truths, the dissolving of forgotten pain, and the return of sacred light into the body. **You are not just using the Isis Disc—you are walking into the temple you once belonged to.**



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