



The Nine Hidden
HEALING CODES
of Lake Khovsgol

ANNA MERKABA





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Renowned Channeler, Healer, and Author. Anna Merkaba is a celebrated spiritual guide, author of numerous books, and a channeler whose profound work has touched the hearts of **millions worldwide**. Through her [blog](#), [YouTube](#), [social media](#), and [transformative energy healings](#), Anna has guided countless souls toward clarity, self-mastery, and alignment with their highest purpose. For over a decade, Anna has dedicated herself to helping spiritual seekers from all walks of life reconnect with their divine essence. **Her unique blend of channeled wisdom, personalized guidance, and practical tools has empowered thousands to embrace their soul's mission and create meaningful change in their lives. "A Trusted Voice in Spiritual Awakening"** Anna's teachings are a source of inspiration and light for those seeking transformation. Her ability to bridge cosmic wisdom with practical steps makes her a beacon for anyone ready to step into their power. **With a lifetime of service to the collective**

awakening, Anna brings the depth and expertise needed to support your spiritual journey.





LAKE KHOVSGOL HEALING TRANSMISSION GUIDE

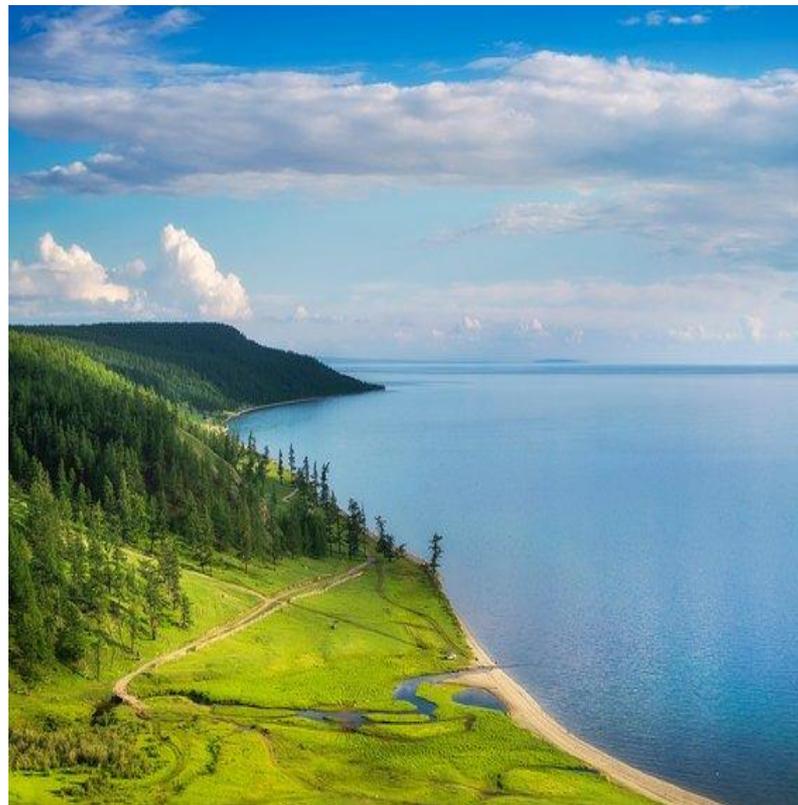
*This is not imagination.
It is remembrance.*

You were called here through the taiga, through snow and trees, through the breath of an untouched land that still remembers the first shamans.

You did not stumble into this place.
You were brought.

Lake Khovsgol does not reveal itself to the uninvited.
Only to those whose souls carry the resonance of healing, memory, and return.

Come as you are.
Nothing more is required.





The Call

Why You Are Here

If you've been seeing forests or hearing drums in your dreams...

If Mongolia has been whispering at the edge of your awareness...

If the sound of throat singing moves something ancient inside you...

You are not imagining it.

Your soul remembers this lake.

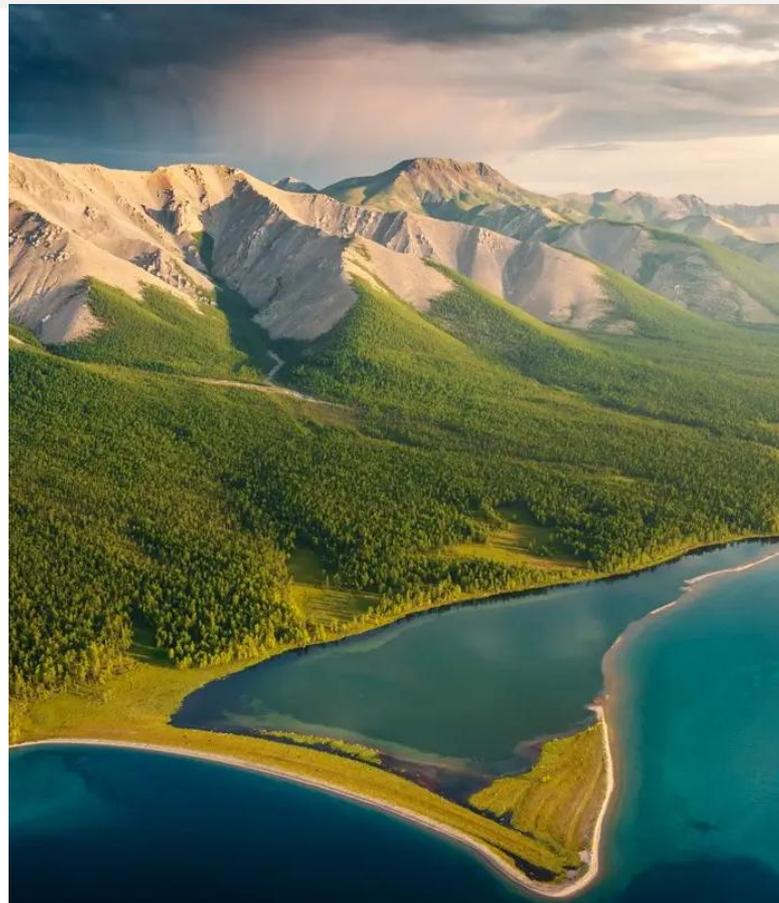
This ritual.

This lineage.

The shamans of Khovsgol are active again.

Their field is open.

And they have called you here.





St. Germain Violet Flame Disc – Crown of Transmutation



[CLICK HERE TO LEARN MORE ABOUT THIS DISC](#)

This is not just a disc—it is a sacred emissary of light, forged in alliance with the Violet Flame and the guiding presence of Saint Germain himself. Encoded with amethyst, copper, and quartz cut into the Flower of Life, this tool was created to awaken your crown chakra, not as a concept, but as an experience—a portal to divine clarity, spiritual sovereignty, and vibrational freedom. **It carries the frequency of remembrance, for the one who is ready to shed the remnants of karmic density and rise into communion with the infinite.**

Hold it during meditation, place it near your bed, or rest it upon your altar—it will do what it came here to do: open you. Through it, the Violet Flame does more than cleanse—it transmutes. It raises the vibration of your very atoms, realigns your connection to Source, and reignites the divine compass within. **For those who are ready to reclaim their multidimensional sight, release the past, and walk as their divine self, this tool is not just helpful—it is *home*.**



Prepare the Body and Soul

Find a quiet space.

Place one hand on your heart and one on your solar plexus.

Say inwardly:

“I enter only by truth.

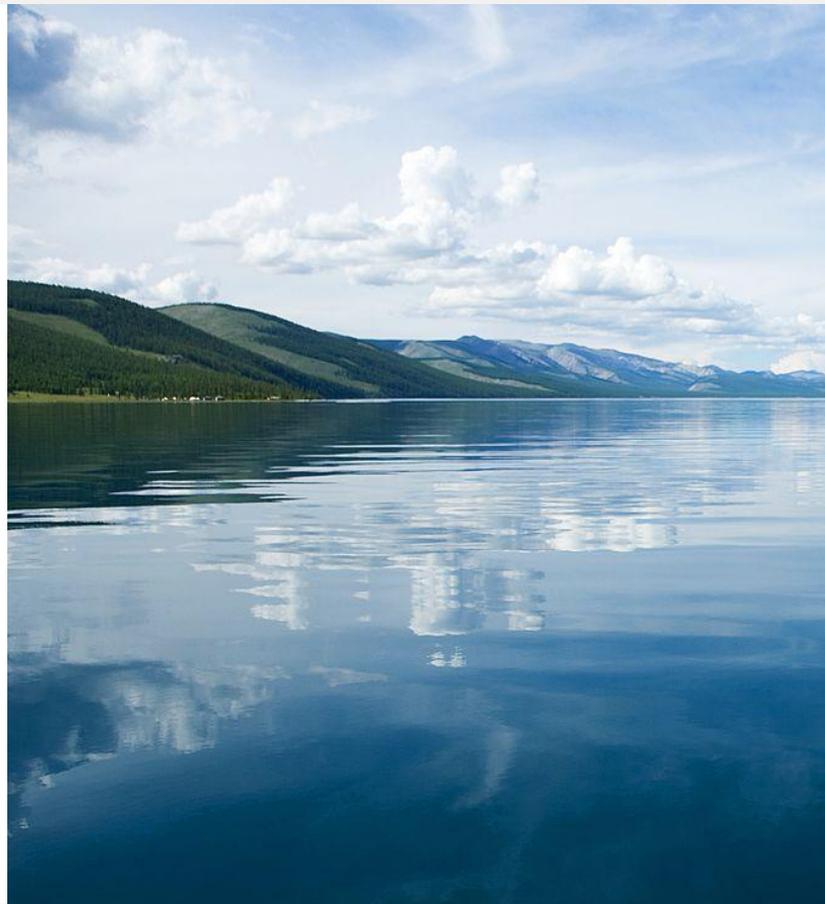
I enter only by resonance.

I enter only if I belong.”

Let your body soften.

Let your breath ground you.

This gate opens by alignment, not effort.



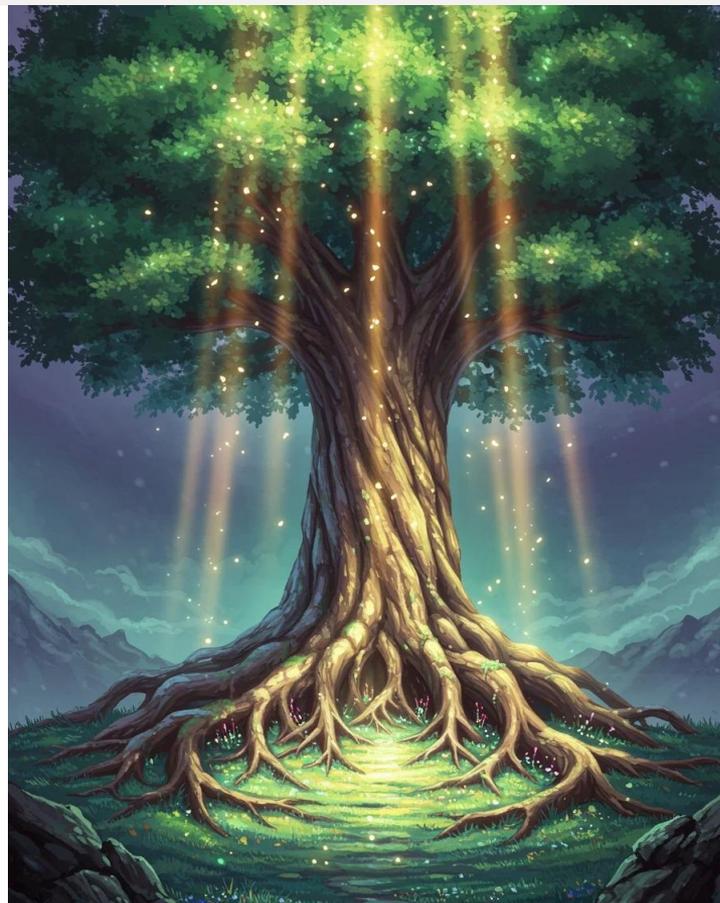


ROOT DOWN BEFORE MEETING THE SHAMANS

Feel your spine lengthen.
Feel your energy settle downward like roots seeking
Earth.

Lake Khovsgol speaks through the lower chakras first.
Its healing begins in the bones, not the mind.

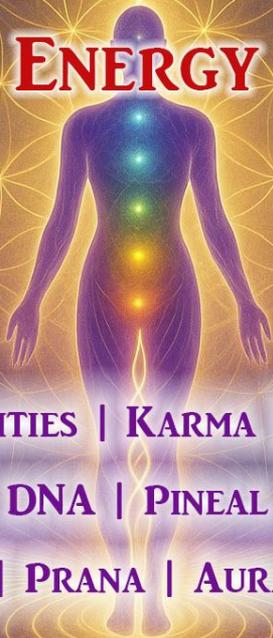
You do not reach this ritual by rising upward.
You arrive by dropping into presence.





1:1

DISTANT ENERGY HEALING



IMPLANTS | ENTITIES | KARMA | ENERGY TEARS

PAST LIFE | DNA | PINEAL | KUNDALINI

THIRD EYE | PRANA | AURA | CHAKRAS

[CLICK HERE TO LEARN MORE ABOUT MERKABA HEALING](#)

Are you sensing an invisible weight—a quiet knowing that something within you longs to be freed?

A pull to heal what lies beneath the surface and return to the luminous essence of who you truly are?

This isn't wishful thinking.

—it's your soul whispering: *It's time.*

This **Multidimensional Healing Session** is not a surface tune-up. It's a sacred, deeply intuitive journey into the layers of your energy field to clear what has been holding you back—across lifetimes, timelines, and ancestral lines.

What makes this session different?

- Release hidden imprints, implants, and karmic entanglements that distort your flow.
- Recalibrate your aura, awaken dormant gifts, and realign you to your divine timeline.
- Anchor lasting shifts at the cellular, emotional, and spiritual levels.

Afterward, you'll receive a **beautifully detailed 20+ page report** revealing what was witnessed and healed, along with loving guidance for your next steps.

This is far more than a healing session.

—it's a soul restoration, a quiet homecoming to yourself.

If your heart stirs as you read this, trust that the moment has arrived...

to release.

to restore.

to return fully to your light.



INTRODUCTION TO THE NINE SHAMANIC CODES

The shamans at Lake Khovsgol do not speak in modern language.

They speak through vibration, through imagery, through archetypes that transcend culture.

These symbols came as a transmission.

A healing.

A preparation.

Some will resonate immediately.

Some will reveal their meaning over time.

Your soul already knows them.

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CODE 1 — THE EAGLE



The Rise Into Gentle Clarity

This symbol holds the medicine of higher sight, but not as force or intensity. This is clarity that comes softly, like a breeze lifting you above old patterns so you can finally breathe.

The Eagle code is a healing of perspective. It invites you to step out of constriction and see your life from a place that is spacious, kind, and forgiving. When this symbol awakens in you, it means your soul is guiding you out of overwhelm and into a calm, elevated knowing.

If you feel drawn to this key, you are being held in a field where truth comes without pressure... where insight arrives without fear... where your next steps become clear simply because the weight around you has softened.

Reflect:

Where is your spirit asking you to rise gently above what has been pulling you down?



CODE 2 – NEUF / ÖÜ



The Sacred Inner Chamber

This symbol is the womb space of the soul... the quiet inner room where healing begins and where old burdens loosen their grip. It represents a return to yourself, to the depth beneath the noise.

This is not emptiness.
It is sanctuary.

The Neuf code brings you back to your own center, inviting all scattered parts of you to come home. It softens the nervous system, restores inner stillness, and allows you to feel held by something older and wiser than your conscious mind.

If this key calls to you, it is because your soul is ready to rest. Ready to gather strength. Ready to heal from the inside outward.

Reflect:

What part of you has been longing for a quiet, protected place to simply exist?





Starseeds Home Portal Activator – Intergalactic Space Key



Starseeds Home Portal Activator – Intergalactic Space Key

This is not merely a key—it is a soul contract fulfilled. A living relic seeded from the stars into this dimension for the precise moment your spirit was ready to remember its truth.

The Starseeds Home Portal Activator is a multidimensional beacon forged from cosmic light, crystalline memory, and divine instruction. It calls to the Starborn—the wanderers, the galactic empaths, the ones who never fully belonged—because it was made *for* you. This disc is not an object. It is a tuning fork for your soul's original resonance—a bridge between who you've been, who you are, and who you came here to become.

When held with intention, it activates the deepest vaults of your energetic anatomy—awakening the 10th, 11th, and 18th chakras, realigning your lower centers, and superimposing your divine blueprint back into your field. In time, the etheric gates swing open. Dreams shift. Visions arrive. Symbols find you. And communication with your Galactic Family resumes, flowing through your thoughts, your body, your sleep.

You are no longer searching. You are receiving. This disc is for the ones ready to reclaim their cosmic lineage, to walk as emissaries of Earth, and to live by the original instructions carried in their bones. You were never lost—you were simply waiting for this key to unlock the memory.

[CLICK HERE TO LEARN MORE ABOUT THIS DISC](#)

CODE 3 – THE BATTLE



Healing the Inner Conflict

Despite its name, this symbol is not about warfare. It is about the ache of internal tension, the push-pull within you that has exhausted your heart.

This code brings awareness to the places where your spirit has been split, where you have been trying to carry too much, too bravely, for too long. It reveals the conflict only so it can be soothed.

When this key awakens, the shamans of Khovsgol are working gently on you... loosening the knots, releasing old fear-responses, calming the nervous system, and restoring coherence where chaos once lived.

If you feel drawn to this symbol, you are not being asked to fight. You are being asked to let the fight dissolve.

Reflect:

What part of you is ready to stop bracing, and start healing?



CODE 4 – THE PURGING WIND



The Release of What No Longer Belongs

This symbol is the healing of release.

It carries the energy of pressure leaving your body, heaviness lifting from your field, and stagnant emotions finally moving again.

The Purging Wind is not crude.

It is sacred.

It is the way the body and spirit exhale old pain. It is the unbinding of trapped energy. It is the soft but powerful clearing that makes room for life to return.

If this symbol resonates with you, you are in a moment of detoxification. The shamans are helping you expel what was never meant to stay inside you: grief, fear, shame, inherited weight... all being gently ushered out of your system.

Reflect:

What burden are you finally ready to let go of, without apology?



CODE 5 — THE HAWK



Precision Healing and the Return of Focus

Where the Eagle lifts you into clarity, the Hawk refines it. This symbol carries the medicine of precise insight, targeted understanding, and the ability to see exactly what needs healing.

It brings your awareness to the core, the root, the true origin of pain or imbalance.

And it does so gently... without overwhelm... guiding your attention to the one thread that, when tended, unravels the entire knot.

When this symbol appears, the shamans are aligning your perception. They are helping you see what is real, what matters, and what is ready to shift.

Reflect:

Where is your healing asking you to focus your attention, softly but clearly?



CODE 6 – Z



The Threshold of Change

This symbol represents transition.

Not abrupt, not disruptive... but an unfolding into a new state of being. It marks the moment when something inside you quietly turns a corner, when an old story ends, when a deeper truth begins. It is the soft click of an inner door unlocking.

If this symbol calls to you, you are stepping into a new chapter, one that arrives without drama but with unmistakable certainty.

The shamans stand at this threshold with you.
You do not cross it alone.

Reflect:

What new direction is subtly forming beneath your awareness?



CODE 7 – P



The Shield of Gentle Protection

This symbol is the healing of boundaries.

The restoration of safety.

The remembrance of your right to be protected, energetically and emotionally.

It does not defend through hardness or walls.

It protects through clarity, self-respect, and the quiet refusal to absorb what is not yours.

When this symbol activates in your field, the shamans are placing a soft shield around your heart, your mind, your body. They are helping you differentiate between your truth and the noise of others.

This is the moment when your energy becomes your own again.

Reflect:

Where has your spirit been asking for softer, healthier boundaries?





The Sacred Silence of Inner Knowing

This symbol carries the frequency of stillness... the place where truth rises like dawn.

It represents a healing that happens beyond words, beyond logic, in the quiet inner chambers where your soul speaks clearly.

The shamans refer to this as the Listening Field.
The place where you do not seek answers.
They arrive.

If this symbol resonates with you, it means the next step of your healing will come through intuition, rest, quiet moments, and inner listening rather than effort or analysis.

Reflect:

What truth has been whispering to you, waiting for your quiet attention?



CODE 9 – THE KING



Sovereignty Restored

This is not about dominance or hierarchy.

It is about the return of inner authority... the healing of your rightful place within your own life.

The King symbol marks the moment when your spirit stands upright again. When you reclaim your yes, your no, your voice, your direction. When you move from survival into sovereignty.

The shamans hold this symbol with reverence, for it represents the culmination of healing... the moment you remember who you are beneath trauma, conditioning, or ancestral burden.

If this symbol calls to you, it is because you are ready to rise gently into yourself... into your power... into your truth.

Reflect:

Where are you ready to stand in your life with quiet certainty?



Isis Disc – Portal of the Divine Mother



This is not merely a disc—it is a resurrection. **A sacred key long held in the higher realms, now brought forth by permission of the Divine Mother Isis herself.** Formed through light, gemstone, gold, and ancient intention, **the Isis Disc opens a living portal to the realms of healing, protection, and magic.** It is for the priestess reawakening, the healer remembering, the seeker ready to reclaim her divine inheritance. **This tool does not offer power—it restores the power that was always yours.**

Infused with the essence of the all-encompassing feminine, **this disc is a vessel of protection** from curses, black magic, and distortion. But more than that, **it is a gateway: to cellular remembrance, to past-life healing, to the voice of Isis whispering behind the veil.** Whether placed on your solar plexus, your third eye, or the heart of a client—this tool invites transformation. Expect the rising of old truths, the dissolving of forgotten pain, and the return of sacred light into the body. **You are not just using the Isis Disc—you are walking into the temple you once belonged to.**

[CLICK HERE TO LEARN MORE ABOUT THIS DISC](#)

Thank You for Walking This Path



You have walked the path to the lake and returned.
The shamans welcomed you.

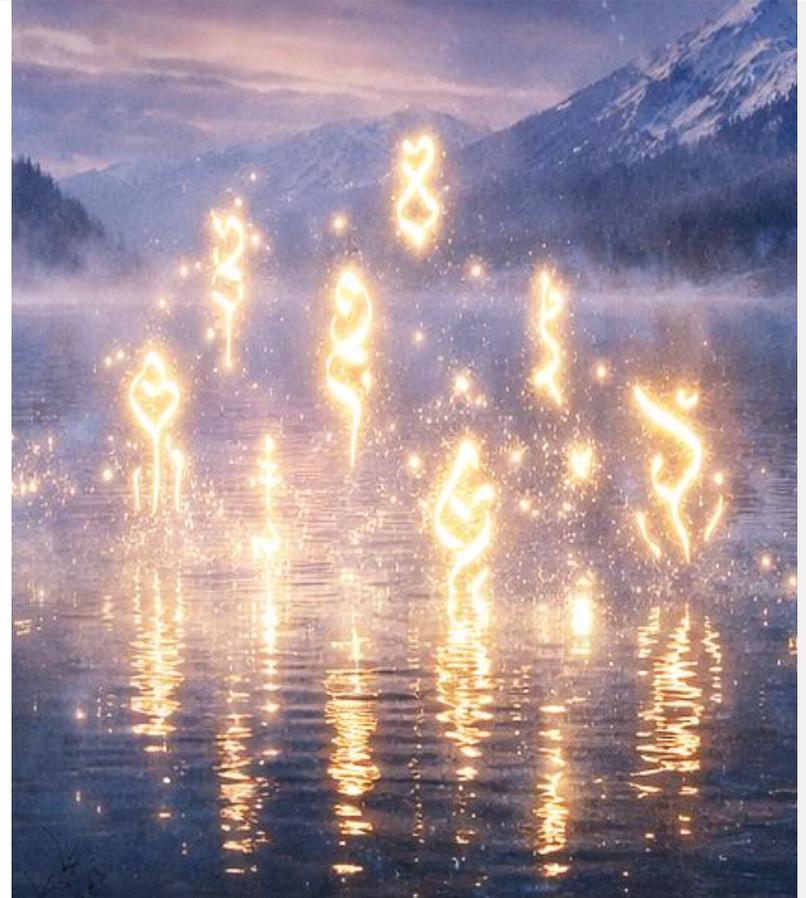
The waters of Lake Khovsgol held you.
And the nine healing codes were gently placed
within your awareness.

Allow their medicine to unfold in its own time.

If you ever feel the call again, the lake remains
open, the shamans continue their work, and the
path through the taiga will appear for you once
more.

Sending you a tsunami of love, light, abundance,
health, and joy.

~ Anna Merkaba





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