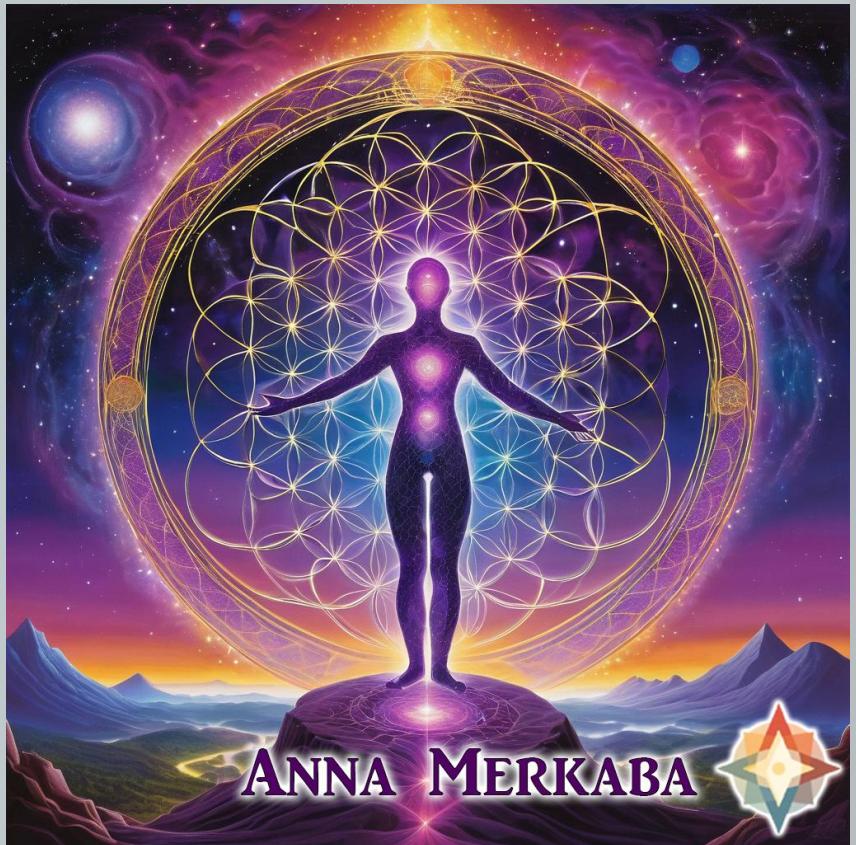




This Week's Sacred Ritual

- The Great Sacred Reset Activation





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Renowned Channeler, Author, and Spiritual Guide
Anna Merkaba is a celebrated spiritual guide, author of numerous books, and a channeler whose profound work has touched the hearts of millions worldwide.

Through her [blog](#), [YouTube](#), [social media](#), and [transformative energy healings](#), Anna has guided countless souls toward clarity, self-mastery, and alignment with their highest purpose. For over a decade, Anna has dedicated herself to helping spiritual seekers from

all walks of life reconnect with **service to the collective** their divine essence. Her **unique blend of channeled wisdom, personalized guidance, and practical tools** has empowered thousands to embrace their soul's mission and create meaningful change in their lives. **"A Trusted Voice in Spiritual Awakening"** Anna's teachings are a source of inspiration and light for those seeking transformation. Her ability to bridge cosmic wisdom with practical steps makes her a beacon for anyone ready to step into their power. **With a lifetime of**

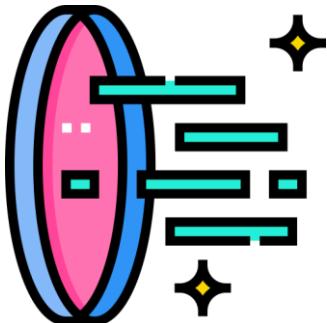


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This Week's Sacred Ritual

A Sacred Reset Activation



March 21, 2025, marks the zero-point of entrance—a profound energetic shift that will awaken, recalibrate, and realign the fabric of our reality. This is not merely an astrological event but a vibrational reordering of human consciousness and planetary grids.

This ritual will guide you in:

- Receiving the incoming cosmic frequencies
- Activating your consciousness & energetic field
- Aligning with the planetary reset & higher dimensional structures



Prepare to Enter the Gateway:



Before engaging in the ritual, take a moment to **quiet the mind, breathe deeply, and enter a receptive state**. The shift has already begun, and you are stepping into **a new vibrational order**.

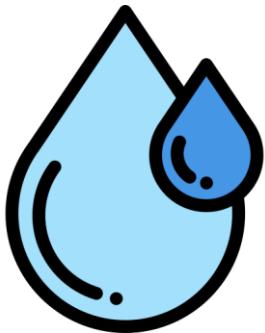
1. **Find a place in nature or a quiet, undisturbed space.**
2. **Hold the intention to align with the planetary recalibration.**
3. **Acknowledge the energies that have brought you to this moment.**

▫ *"I step into the light of transformation. I am ready."*





The Water Activation – Absorbing the Frequencies



Water is a conductor of cosmic information and planetary memory. On this day, water will carry the codes of the shift.

- 1. Fill a bowl with fresh water.**
- 2. Whisper into the water:**
 - 1. "I welcome the great reset of light."**
 - 2. "I release outdated frequencies and open to the new harmonic order."**
- 3. Touch the water to your third eye, heart, and crown.**
 - *This will anchor the planetary realignment into your own energetic field.*



Attuning to the Ley Lines – Planetary Grid Activation



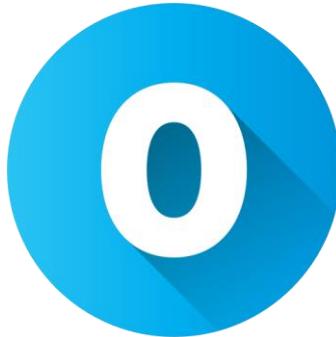
The channeling speaks of the **awakening of planetary energy lines and dormant structures**. On this day, the ley lines will pulse with new frequencies.

1. **If possible, visit a natural power spot, sacred site, or ley line location.**
2. **Stand with your bare feet on the Earth and feel the electromagnetic pulse shifting beneath you.**
3. **Mentally connect to the grid:**
 1. Envision streams of golden light flowing beneath the surface of the planet.
 2. Imagine yourself as a bridge between cosmic and earthly energies.

▫ *"I am aligned with the planetary heartbeat. I am a conduit of the new frequencies."*



The Zero-Point Meditation – Entering the Prism of Light



At **midnight on March 21st**, the **zero-point gateway** will fully open, realigning the vibratory field of existence.

- 1. Close your eyes and enter complete stillness.**
- 2. Visualize a beam of light descending through your crown, merging with your heart.**
- 3. Feel your consciousness expanding beyond time, beyond form, beyond limitation.**
- 4. Sense the dissolution of old patterns, the recalibration of your DNA, and the remembrance of your original frequency.**
 - *"I am returning to my purest expression of being."*



Activation of the Mag-Ick Frequencies



The channeling speaks of **Mag-Ick, the true energetic essence of creation, being purified and restored.**

- 1. Speak aloud:**
 1. “The corrupted frequencies of the past dissolve.”
 2. “The sacred Mag-Ick of creation is restored.”
 3. “I align with the unification of light and truth.”
- 2. See the energy of Mag-Ick—not magic, but the fundamental building blocks of existence—beginning to reintegrate into the planetary grid.**
- 3. Sense yourself becoming a vessel for this energy, a harmonizer of this great reset.**



The Moment of Choice – Sovereignty & Awakening



We are being told that **March 21st marks a moment of decision**—the division of two paths:

- The path of **awakened consciousness**
- The path of **resistance to the shift**

On this day, make your choice **clear**:

"I reclaim my sovereignty. I awaken my mind, body, and soul. I step fully into my divine alignment."

1. **Write down what you are choosing to embody in this new vibrational era.**
2. **Declare it aloud to anchor it into your reality.**



Offering to the Cosmos



- 1. Return to your bowl of water.**
- 2. Whisper a final blessing:**
 - "May all beings awaken in harmony with the divine order."
 - "May this reset bring peace, truth, and liberation."
- 3. Pour the water onto the Earth as an offering.**



Closing & Integration



- Take time to rest and allow the energy to settle.
- Pay attention to dreams and insights in the following days.
- Know that you are part of the cosmic shift, and your presence matters.
- *"The gates of light are open. The new harmonic order is here. We step forward as awakened sovereign beings."*



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A path to renewal with deeper healing

If you feel called to explore the deeper layers of your healing journey, I invite you to experience a personalized healing session with me. Together, we will uncover the spiritual and emotional imbalances contributing to your challenges and work to bring you back into alignment with your soul's highest path.

With Love & Light,

Anna Merkaba

www.AnnaMerkabaHealing.com