



This Week's Sacred Ritual

New Moon Ritual: Embracing
the Flow of Divine Rebirth
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Renowned Channeler, Author, and Spiritual Guide
Anna Merkaba is a celebrated spiritual guide, author of numerous books, and a channeler whose profound work has touched the hearts of millions worldwide.

Through her [blog](#), [YouTube](#), [social media](#), and [transformative energy healings](#), Anna has guided countless souls toward clarity, self-mastery, and alignment with their highest purpose. For over a decade, Anna has dedicated herself to helping spiritual seekers from

all walks of life reconnect with their divine essence. Her unique blend of channeled wisdom, personalized guidance, and practical tools has empowered thousands to embrace their soul's mission and create meaningful change in their lives. **"A Trusted Voice in Spiritual Awakening"**

Anna's teachings are a source of inspiration and light for those seeking transformation. Her ability to bridge cosmic wisdom with practical steps makes her a beacon for anyone ready to step into their power. **With a lifetime of**

service to the collective awakening, Anna brings the depth and expertise needed to support your spiritual journey.



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New Moon Ritual: Embracing the Flow of Divine Rebirth



This **Pisces New Moon** is a powerful portal of renewal, spiritual insight, and energetic alignment.

As the veil between worlds thins, **you are invited to surrender to the cosmic flow, release what no longer serves you, and step into the fluidity of your soul's higher calling.**

This ritual will guide you into deep energetic recalibration, heightened intuition, and a **profound connection to your divine path.**



What you'll need:



- **A blue or white candle** – Represents clarity, intuition, and spiritual illumination.
- **A bowl of water with a sprinkle of sea salt** – Symbolizes emotional cleansing and renewal.
- **A piece of paper and a pen** – To write your intentions for the new lunar cycle.
- **A crystal of your choice:**
 - **Amethyst** for spiritual activation and dreamwork.
 - **Moonstone** for intuition and emotional balance.
 - **Aquamarine** for surrender and divine flow.
 - **Incense or essential oils (Lavender, Sandalwood, or Myrrh)** – To raise the vibration of your space.





Step 1: Creating Your Sacred Space



1. Find a quiet space where you won't be disturbed.
2. Dim the lights and light your candle, allowing its glow to center you in the present moment.
3. Place your bowl of water in front of you and your chosen crystal beside it.
4. Take a few deep breaths, feeling yourself soften into stillness.
5. Close your eyes and set the intention to open to the divine wisdom flowing through this New Moon.

Affirmation: *"I surrender to the cosmic currents, allowing divine wisdom and renewal to flow effortlessly into my being."*



Step 2: Releasing Old Patterns



Releasing Old Patterns

- Hold the bowl of saltwater in your hands and close your eyes.
- Reflect on what you are ready to release—old fears, self-doubt, limiting beliefs, or stagnant energy.
- Speak aloud:

“With love and gratitude, I release what no longer serves me. May these energies be cleansed, transformed, and returned to the divine.”

- Gently dip your fingers into the water and sprinkle a few drops onto the ground, symbolizing the release of the old.



Step 3: Setting New Moon Intentions



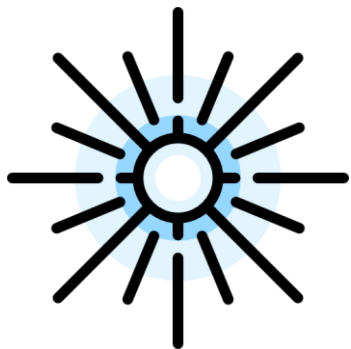
Setting New Moon Intentions

1. On your piece of paper, write down your intentions for the new cycle—spiritual growth, emotional healing, creative expansion, or clarity in your soul's purpose.
2. Read each intention aloud, speaking as if it has already manifested.
3. Fold the paper and place it beneath your crystal, allowing its energy to infuse your desires.

Affirmation: *“Under this New Moon, I align with my highest path. My intentions are heard, supported, and made manifest in divine timing.”*



Step 4: Opening to Divine Guidance



Opening to Divine Guidance

1. Close your eyes and visualize yourself standing beneath a vast cosmic sky.
2. Imagine a stream of silver light flowing down from the heavens, filling your entire being with clarity and deep knowing.
3. Ask the Universe, your guides, or higher self:
"What wisdom is ready to be revealed to me?"
4. Remain in stillness, allowing any thoughts, images, or feelings to arise naturally.



Step 5: Closing the Ritual



Closing the Ritual

- Blow out your candle with gratitude.
- Keep your paper under your crystal or place it somewhere sacred.
- Over the next few days, pay attention to dreams, synchronicities, and intuitive nudges.
- Allow your intentions to unfold naturally, trusting that the Universe is aligning everything for your highest good.
- Embrace this sacred moment of **renewal and transformation**, knowing that you are supported, loved, and divinely guided.



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[CLICK HERE TO LEARN MORE ABOUT MERKABA HEALING](https://www.AnnaNerkabaHealing.com)

A path to renewal with deeper healing

If you feel called to explore the deeper layers of your healing journey, I invite you to experience a personalized healing session with me. Together, we will uncover the spiritual and emotional imbalances contributing to your challenges and work to bring you back into alignment with your soul's highest path.

With Love & Light,

Anna Merkaba

www.AnnaNerkabaHealing.com